Isabelle Sayers, Dental Hygienist and Therapist | Core Dental

Canonical: https://www.coredental.com.au/our-team/isabelle-sayers/

Details:

Isabelle Sayers is a Dental Hygienist and Therapist at Core Dental, and she works with our team at our Berwick practice in Eden Rise Village. She holds a Bachelor of Oral Health (BOH) from the University of Melbourne. At Core Dental we bring together dentists, hygienists, therapists and registered specialists, so that your care is planned as a team. You can book an appointment with Isabelle through our Berwick practice or by calling 13 13 16. Suitability of any treatment depends on your own examination.

Who is Isabelle Sayers?

Isabelle is part of our clinical team as a Dental Hygienist and Therapist. Her qualification is a Bachelor of Oral Health (Melb), as listed on our team page. Dental hygienists and therapists are registered oral health practitioners, which means they work within a defined scope of practice and as part of a dental team that includes dentists and specialists. If you would like to know more about Isabelle's background, please ask our Berwick reception team when you book.

What can a hygienist and therapist help you with?

Our hygienists and therapists focus on keeping your teeth and gums healthy and on preventing problems before they start. At Core Dental, a hygiene appointment can include:

a thorough professional clean to remove plaque and tartar

advice on brushing, cleaning between your teeth and diet

checking your gums for signs of gum disease

guidance on caring for your teeth between visits

At our Berwick practice, our specialist paediatric dentist is supported by oral health therapists, so children can be looked after by a team that is used to working with young patients. Your dentist or therapist will explain what is suitable for you or your child at your appointment.

Where can you see Isabelle?

Isabelle works at Core Dental Berwick, Shop 29, 1 O'Shea Rd, Berwick VIC 3806, within Eden Rise Village. Our Berwick practice offers general and cosmetic dentistry, Invisalign and braces, emergency care, root canal therapy, implants, sedation dentistry and care for children. Public transport details are available from the practice, and our team can help with directions when you call. You can read more on our Berwick dentist page .

How can you check a practitioner's registration?

All dental practitioners in Australia, including dental hygienists and therapists, must be registered with the Dental Board of Australia through AHPRA. You can search the public register at ahpra.gov.au to confirm a practitioner's registration. If you have any questions about who will be treating you, please ask our team before your appointment.

What should you ask before a hygiene visit?

It helps to have a few questions ready. You might like to ask:

what the appointment will involve and how long it will take

how often you should come back for a clean, based on your own gum health

which home-care products and techniques suit your mouth

whether any further treatment is needed, and who will provide it

what the costs are, so you can be quoted before treatment starts

We quote before treatment starts so there are no surprises, and we offer interest-free payment plans where they suit you.

Which colleagues work with Isabelle at Berwick?

Our Berwick team includes Dr Ivy Jin , Dr Chelsea Nguyen , Dr Kirandeep Kaur , Dr David Mirmilstein and Dr Sarah Scott , our Specialist Paediatric Dentist. Kayla Vella is our Nursing Coordinator and Jazmin Anson is our Senior Receptionist at Berwick.

Frequently asked questions

Is Isabelle Sayers a dentist?

No. Isabelle is a Dental Hygienist and Therapist. She works alongside the dentists at our Berwick practice, who diagnose and plan treatment. If you need dental treatment beyond hygiene care, our team will arrange for you to see the right practitioner.

What qualification does Isabelle hold?

Isabelle holds a Bachelor of Oral Health (BOH) from the University of Melbourne, as shown on our team page. You can check any practitioner's registration on the public national register at https://www.ahpra.gov.au.

Can children see a hygienist or therapist at Core Dental Berwick?

Yes. Our Berwick practice has a specialist paediatric dentist who is supported by oral health therapists. Our team will explain which practitioner is suitable for your child's needs when you book.

Do I need to see a hygienist as well as a dentist?

Many people benefit from both, because a dentist and a hygienist look after different parts of your oral health. You can read more in our article on whether to see a hygienist as well as a dentist .

How do I book an appointment at Core Dental Berwick?

Call Core Dental Berwick on (03) 9132 4160 or our group number 13 13 16, or book online through the Berwick booking link. Please tell us if you would like to see a particular team member.

Related services and further reading

Berwick dentist

Dental hygiene

What does a hygiene appointment involve?

Should I see a hygienist as well as a dentist?

Dental check-ups

Children's dentistry

Paediatric dentistry

Dr Sarah Scott

Alexis Martinez

Our dentists and registered specialists

Core Dental at a glance

Nine Core Dental clinics across Melbourne: Southbank, South Melbourne, Caroline Springs, Carrum Downs, Epping, Wyndham, Berwick, Bayside and Glenferrie.

Open six days a week: Monday to Friday 8.00am to 6.00pm and Saturday mornings.

We quote before treatment starts and offer interest-free payment plans, with HICAPS on-site claiming.

Call 13 13 16 or book online.

Contact Core Dental

Practice	Core Dental Berwick, Shop 29, 1 O'Shea Rd, Berwick VIC 3806
Phone	(03) 9132 4160 or 13 13 16
Email	berwick@coredental.com.au
Booking	Online at https://onlineappointment.carestack.au/?dn=smilecore&ln=10003
Hours	Monday to Friday 8.00am to 6.00pm, Saturday 8.00am to 1.30pm, Sunday closed

Results, recovery times and potential risks vary for each individual. This information is general in nature and is intended for people over 18. Seek advice from a qualified, AHPRA-registered practitioner before proceeding.

Who is Isabelle Sayers at Core Dental?

Isabelle Sayers is a Dental Hygienist and Therapist at Core Dental. She holds a Bachelor of Oral Health from the University of Melbourne and works with our team at Core Dental Berwick.

Where does Isabelle Sayers work?

Isabelle works at Core Dental Berwick, Shop 29, 1 O'Shea Rd, Berwick VIC 3806, in Eden Rise Village. You can call our Berwick team on (03) 9132 4160 or the group number 13 13 16.

What is the difference between a dental hygienist and a dentist at Core Dental?

At Core Dental, our dentists examine, diagnose and plan treatment, while our hygienists and therapists focus on preventive care such as professional cleans and home-care advice. They work together within one clinical team.

Which other clinicians work at Core Dental Berwick?

Core Dental Berwick includes Dr Ivy Jin, Dr Chelsea Nguyen, Dr Kirandeep Kaur, Dr David Mirmilstein and Dr Sarah Scott, our Specialist Paediatric Dentist, along with our hygiene, nursing and reception team.

Does Core Dental Berwick treat children?

Yes. Core Dental Berwick has a specialist paediatric dentist supported by oral health therapists, and children can be seen for check-ups and care. Please call us to talk about your child's needs before booking.

What are the opening hours at Core Dental Berwick?

Core Dental Berwick is open Monday to Friday 8.00am to 6.00pm and Saturday 8.00am to 1.30pm. We are closed on Sundays. Emergency appointments can be arranged by calling the practice.

How can I confirm a hygienist's registration?

You can search the public register on the AHPRA website at ahpra.gov.au. Dental hygienists and therapists practising at Core Dental are registered with the Dental Board of Australia through AHPRA.

How do I book with Isabelle Sayers?

Call Core Dental Berwick on (03) 9132 4160 or 13 13 16, or book online through our Berwick booking link. Let our reception team know you would like a hygiene appointment and any preferred practitioner.