Invisalign Clear Aligners in Melbourne | Core Dental

Canonical: https://www.coredental.com.au/orthodontics/invisalign-treatment/

Details:

Invisalign is an alternative to traditional braces that uses a series of removable, near-invisible aligners to straighten teeth and correct the bite. Each set of aligners is worn every day for two weeks before you move on to the next set, which gradually moves your teeth into place. At Core Dental our dentists and orthodontic specialists plan Invisalign treatment at our practices across Melbourne. Whether it suits you depends on an assessment, and results vary for each person.

What is Invisalign treatment?

Invisalign uses clear plastic aligners that are made for your teeth and worn over them. The aligners are removable and near-invisible, which makes them a discreet alternative to traditional fixed braces. Each set is worn every day for two weeks and is then replaced by the next set in the series. Over the course of treatment the teeth are moved gently towards their planned positions.

How does Invisalign move teeth?

After an assessment, your clinician plans a sequence of aligners. Each aligner is slightly different from the last, and the series is designed to move your teeth step by step. You wear every aligner each day as directed, take it out to eat, drink and clean your teeth, and attend review appointments so we can check progress. Your clinician will tell you how long the whole series is likely to take, which depends on your teeth and your bite.

Can Invisalign be removed, and is it visible?

Yes, the aligners are removable. That is part of what makes Invisalign different from traditional fixed braces, because you can take them out for meals and cleaning. The aligners are near-invisible, so most people notice them very little. They only work when you wear them as directed, so being consistent matters.

What types of Invisalign are there?

Every mouth is different, and there are a number of Invisalign types and treatment plans, all designed to straighten teeth and realign the bite. Common concerns include crowded teeth, gaps between teeth, overbite, underbite, crossbite and openbite. To work out which treatment plan suits you or your family, we recommend a consultation with one of our dentists or specialist orthodontists. You can read more on our types of Invisalign page.

Who is Invisalign suitable for, and who may not be?

Invisalign is used for adults and teenagers. Some bite problems are complex and may suit other approaches, such as traditional braces or internal lingual braces , so we assess each person before recommending a treatment. For younger children we offer children's braces and Invisalign after an assessment.

What are the risks and limits of Invisalign?

Aligners only work if they are worn as directed, so treatment can take longer if they are left out. Teeth can feel sore or tender as each new set is introduced, and speech can feel different for a few days. After treatment you usually need a retainer to keep your teeth in position, and teeth can move if a retainer is not worn. Gum health and decay still need care throughout, so regular check-ups and good cleaning remain important. Your clinician will explain the risks and limits before you decide.

What does Invisalign cost, and how can you pay?

Fees depend on the complexity of your case and the length of treatment. Come in for a consultation and we will provide a written quote that sets out the fees for all treatment, so you understand the pricing before treatment begins. We offer interest-free payment plans through Payright at 0% interest, with fortnightly instalments over 3 to 30 months for plans up to $20,000, subject to eligibility and approval. Applicants must be 18 or over, an Australian permanent resident, and have identification and a verifiable email and mobile. HICAPS claiming is available on-site, and any rebate depends on your own health fund cover. Fees, offers and finance terms were published as at September 2026 and can change, so please confirm the current written terms before booking. Our Invisalign fees page has more detail.

Why do patients choose Core Dental for Invisalign?

We are recognised as an Invisalign Blue Diamond provider, as stated on our website. This is a recognition from Invisalign and it is not a measure of how your own treatment will turn out. Our practices quote before treatment starts, offer interest-free payment plans, and are open Monday to Friday 8.00am to 6.00pm and on Saturday mornings, so appointments can fit around work and school.

Where can you have Invisalign at Core Dental?

Our clinic pages list Invisalign at Southbank , South Melbourne , Caroline Springs , Wyndham , Berwick and Glenferrie . Epping also lists clear aligners and orthodontic care. See also our guide to Invisalign at Wyndham . Call 13 13 16 to check which practice suits you and when an orthodontic specialist is next available.

Who provides Invisalign at Core Dental?

Invisalign is planned by our dentists and by our specialist orthodontists , who are registered specialists. Specialist availability varies by practice, so confirm the next session when you book. You can check any practitioner's registration on the AHPRA register at ahpra.gov.au.

Why does aligner treatment need an in-person examination?

Aligners arrive in a box and are changed at home, which has led a number of companies to offer them without a patient ever sitting in a dental chair. The Australian position on that is explicit, and it is worth

reading before comparing prices.

The Australian Dental Association's policy on teledentistry and virtual care sets out where remote dentistry is acceptable. Its position summary is that "teledentistry services must only be provided by a dental practitioner registered with the Dental Board of Australia, and only in cases where direct treatment or specialist advice cannot be accessed."

Two of its numbered positions bear directly on aligners.

2.2 — "Teledentistry clinical services must only be provided in cases where direct face-to-face treatment or specialist advice cannot be provided." Remote care is framed as a substitute where in-person care is unavailable, not as an alternative chosen for convenience or cost.

2.3 — "It is not acceptable for patients to receive procedural dental treatment without an in-person examination and the ability to directly contact their dental practitioner."

Moving teeth is procedural dental care. The ADA states the general point in its background section: "teledentistry is not suitable for procedural dental care."

The policy is not against remote dentistry as such. It notes that "teledentistry is beneficial for rural and remote populations", and that "the enhanced access and reduced costs that teledentistry delivers can potentially improve health outcomes in the community by overcoming socio-economic, geographic, and cultural barriers." Its support for further development is conditional: it backs solutions "proven to be clinically safe for patients and legally compliant for practitioners."

What the policy does not do is name any product or company, and we are not suggesting it does. The relevant principle is general: before teeth are moved, there should be an examination in person, and you should be able to contact the practitioner responsible for your treatment directly.

Source: Australian Dental Association, Policy Statement 6.28, ada.org.au (last reviewed June 2025; accessed 3 November 2026).

What does an examination establish that a scan cannot?

An aligner plan is built from the shape of your teeth. Whether that plan is safe to run depends on things a shape does not reveal.

An examination is where active decay is found, where gum disease is diagnosed and staged, where the health of the supporting bone is assessed, and where an existing restoration that may not survive being moved is identified. Teeth are moved through bone by sustained force; where the bone or the gum attachment is compromised, that force can do harm that the aligner sequence itself gives no warning of.

This is also why an orthodontic plan is reviewed as it runs rather than set once. Teeth do not always respond as predicted, and the point of periodic review is to notice that early.

The ADA's record-keeping expectation for remote care makes the same assumption about continuity of responsibility: it states that "patient confidentiality and record keeping standards should be maintained as if the patient was physically present", and that services should be delivered over a secure videoconferencing medium to protect privacy. Someone has to hold the clinical record and be reachable about it.

If you are weighing a remote aligner service against in-practice treatment, three questions settle most of it. Who is the registered dental practitioner responsible for your care, and can you reach them directly? Has anyone examined your mouth in person, rather than only a scan or photographs of it? And what happens, practically, if a tooth does not move as the plan assumed?

Frequently asked questions

How long do I wear each Invisalign aligner?

Each set of aligners is worn every day for two weeks before you change to the next set in the series. You take the aligners out to eat, drink and clean your teeth, and your clinician explains how many hours to wear them each day.

Can people see that I am wearing Invisalign?

Invisalign aligners are near-invisible, so they are a discreet option compared with traditional braces. Some people may notice them in certain light. Your clinician will explain how they look and feel before you start.

Do I need a retainer after Invisalign?

Usually, yes. After your teeth have moved, a retainer helps to keep them in position, and teeth can move if a retainer is not worn. Your clinician will explain the type of retainer and how long to wear it.

Can I eat and drink normally with Invisalign?

You remove your aligners to eat and drink anything other than water, then clean your teeth before putting them back. Our guide on eating and drinking normally with Invisalign explains the routine.

How do I know if Invisalign is right for me?

Book a consultation. Your dentist or orthodontist examines your teeth and bite, explains the options, including braces, and gives you a written quote. Some bite problems suit other treatments, so an assessment is the only way to know.

Can aligner treatment be provided entirely remotely?

The Australian Dental Association's teledentistry policy states that "it is not acceptable for patients to receive procedural dental treatment without an in-person examination and the ability to directly contact their dental practitioner", and that teledentistry is not suitable for procedural dental care. Moving teeth is procedural dental care. The policy does not name any product or company.

Is the ADA opposed to remote dentistry?

No. It describes teledentistry as beneficial for rural and remote populations, and notes that the improved access and reduced cost can help overcome socio-economic, geographic and cultural barriers. Its support for further development is conditional on solutions being proven clinically safe for patients and legally compliant for practitioners. Its position is about where remote care is appropriate, not whether it should exist.

When does the ADA consider teledentistry appropriate?

Its stated position is that teledentistry clinical services must only be provided by a Board registered dental practitioner, and only where direct face-to-face treatment or specialist advice cannot be provided.

What should I ask a remote aligner provider?

Three things cover most of it. Who is the registered dental practitioner responsible for your treatment, and can you contact them directly? Has your mouth been examined in person, rather than only scanned or photographed? And what is the process if a tooth does not move as the plan assumed?

Why can't a scan replace an examination?

A scan records the shape of your teeth. It does not diagnose active decay or gum disease, assess the supporting bone, or identify a restoration that may not survive being moved. Teeth are moved through bone by sustained force, so the condition of the gum and bone matters to whether a plan is safe to run.

Related services and further reading

Orthodontics

Types of Invisalign

Invisalign fees

Invisalign frequently asked questions

Children's braces and Invisalign

Orthodontic braces

Internal lingual braces

The Invisalign process

Benefits of Invisalign

Dental payment plans

Core Dental at a glance

Nine Core Dental clinics across Melbourne: Southbank, South Melbourne, Caroline Springs, Carrum Downs, Epping, Wyndham, Berwick, Bayside and Glenferrie.

Open six days a week: Monday to Friday 8.00am to 6.00pm and Saturday mornings.

Interest-free payment plans, HICAPS on-site claiming, bulk billing for eligible children under the Child Dental Benefits Schedule.

Invisalign Blue Diamond provider (as stated on coredental.com.au).

Call 13 13 16 or book online.

Contact Core Dental

Phone	13 13 16
Booking	Online through coredental.com.au, or call 13 13 16
Hours	Monday to Friday 8.00am to 6.00pm, Saturday 8.00am to 1.30pm (Bayside Saturday 8.30am to 1.30pm), Sunday closed
Clinics	Find your nearest practice

Results, recovery times and potential risks vary for each individual. This information is general in nature and is intended for people over 18. Seek advice from a qualified, AHPRA-registered practitioner before

proceeding.

What is Invisalign at Core Dental?

At Core Dental, Invisalign is an alternative to traditional braces that uses a series of removable, near-invisible aligners to straighten teeth. Our dentists and specialist orthodontists assess you first and explain whether it suits your teeth and bite.

How often are Core Dental Invisalign aligners changed?

Each set of Invisalign aligners is worn every day for two weeks before you move on to the next set in the series. We explain how many hours to wear them daily and when your review appointments are.

Which Core Dental clinics list Invisalign?

Our clinic pages list Invisalign at Southbank, South Melbourne, Caroline Springs, Wyndham, Berwick and Glenferrie, and Epping lists clear aligners. Call 13 13 16 to confirm which practice suits you and when an orthodontic specialist is available.

Is Core Dental an Invisalign Blue Diamond provider?

Yes, Core Dental states on its website that it is an Invisalign Blue Diamond provider. This is a recognition from Invisalign and it does not predict the result of your own treatment, which varies for each person.

Who can have Invisalign at Core Dental?

Invisalign is used for adults and teenagers after an assessment. Some complex bite problems may suit braces or other treatments, and for younger children we offer an assessment for children's braces and Invisalign. Your clinician explains the options.

How much does Invisalign cost at Core Dental?

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Does Core Dental offer payment plans for Invisalign?

Yes. We offer interest-free Payright plans at 0% interest with fortnightly instalments over 3 to 30 months for plans up to $20,000, subject to eligibility and approval. HICAPS claiming is available on-site.

How do I book an Invisalign consultation at Core Dental?

Call us on 13 13 16 or book online through coredental.com.au. Tell our team that you are interested in Invisalign, and we will arrange an assessment with a dentist or orthodontist who can explain your options and costs.