Invisalign at Core Dental Wyndham | Core Dental

Canonical: https://www.coredental.com.au/invisalign-at-wyndham/

Details:

Yes. Our Core Dental Wyndham practice at 242 Hoppers Lane, Werribee offers Invisalign clear aligner treatment as a discreet alternative to traditional braces for straightening teeth. Invisalign uses a series of removable, nearly invisible aligners that move teeth gradually into position, and each set is typically worn for about two weeks before you change to the next. Whether Invisalign suits you depends on an examination, diagnosis and treatment plan from one of our dentists.

What is Invisalign?

Invisalign is a teeth straightening treatment that uses a series of removable, nearly invisible aligners to move teeth gradually into the position planned for you. Your treatment plan is personalised, so the number of aligners and the length of treatment depend on your teeth and your goals. In general, each set of aligners is worn every day for around two weeks before it is replaced with the next set in your plan. Your dentist will confirm the schedule that applies to you.

Does Core Dental Wyndham offer Invisalign?

Yes. At Core Dental Wyndham we offer Invisalign as a modern alternative to traditional braces. We offer several types of Invisalign treatment, designed to suit different needs and levels of complexity. After an assessment, our team can explain which option may be appropriate for your teeth and your bite, and what the alternatives are. You can read more about the range on our types of Invisalign page.

Is Invisalign available for teenagers at our Wyndham practice?

Yes. Core Dental Wyndham offers Invisalign Teen among its Invisalign treatment types. Teenagers can be assessed to see whether clear aligners suit their stage of dental development. Because suitability depends on the individual, we recommend a consultation with the whole family in mind, so that you can ask questions about wear time, responsibility for the aligners and what to expect at each stage.

What Invisalign provider status does Core Dental hold?

Core Dental is recognised as an Invisalign Blue Diamond provider. This status does not guarantee an individual treatment result. Suitability and treatment planning always require a clinical assessment, and results vary for each person.

How do we plan Invisalign treatment at Wyndham?

Our Wyndham practice uses an iTero intraoral scanner to take digital impressions of your teeth, which means that in many cases you do not need traditional impression trays. We also use ClinCheck software to show how your teeth are planned to move throughout treatment, and to preview what your

smile may look like once treatment is complete, before you begin. The preview is a plan, and actual movement can differ from what the software shows.

How should you prepare for your Invisalign consultation?

A useful first step is to explain your concerns, timing and treatment goals when you book. Bring relevant medical information and a current list of your medicines. Our team can then assess your teeth, gums, bite and surrounding tissues, request imaging when clinically appropriate, and explain which options are suitable.

It helps to ask what the recommended approach is intended to achieve, whether there are reasonable alternatives, what preparation and aftercare involve, and what risks or limitations apply. Treatment time, fees and maintenance vary with the diagnosis and the complexity of care. A written treatment plan can help you compare stages, expected appointments and payment arrangements before you decide to proceed.

What should you do in an emergency?

Call 000 immediately for uncontrollable bleeding, difficulty breathing or swallowing, serious facial injury or other life-threatening symptoms. Do not wait for a dental appointment in these situations. For severe tooth pain or swelling without these emergency signs, contact us promptly on (03) 9749 6677. Routine care, prevention and review intervals should be tailored to your individual oral health risks rather than assumed to be the same for every patient.

Where is Core Dental Wyndham and when are we open?

Our practice is at 242 Hoppers Lane, Werribee VIC 3030, inside Wyndham Private Medical Centre, and on-site parking is available. We are open Monday to Friday 8.00am to 6.00pm and Saturday 8.00am to 1.30pm, and we are closed on Sunday. You can call us on (03) 9749 6677 or email wyndham@coredental.com.au.

Aligners as an adult: what changes and what does not

Clear aligners are often marketed to adults on discretion alone. There are better reasons, and there are two differences from treating a teenager that are worth knowing.

First, there is no upper age limit. The Victorian Department of Health states it in one line: "Adults of any age can have orthodontic treatment, if required."

Second, the problems that bring adults in are often not cosmetic. Several items on the Department's list of what misalignment causes get worse with time rather than better:

"Difficulty keeping teeth clean. It is easier for food and plaque to get stuck. It may also be harder to get a toothbrush or dental floss into the correct position to clean well."

"Plaque and food left on teeth can increase the risk of tooth decay and gum disease"

"Wear and tear. Biting and chewing can wear crooked teeth down in uneven and unusual ways. These areas can be difficult to repair, as fillings are more likely to break or wear down as well."

"Injury to the gum. If a tooth bites onto the opposite gum instead of another tooth, it may dig into the gum and cause pain or damage."

That third item is the one that compounds. Wear in awkward places is harder to restore, and restorations placed there are themselves more likely to fail — so the alignment problem and the repair problem feed each other over years.

Third, and this is the real difference: the jaw option has closed. Palatal expanders "can widen the upper jaw" and functional appliances are "used to correct bite problems", but both "are used in children when their jaw bones are still growing". Orthodontics Australia puts the limit plainly: jawbones "do not harden until children reach their late teens".

For an adult, that means a bite problem rooted in the jaw is addressed differently — in complex cases, the Department notes, "surgery can also be used to correct some jaw problems". Which is why an adult and a fourteen-year-old with similar-looking teeth can be offered quite different plans.

And the honest baseline still applies. "Not many people have perfectly straight teeth. Not all crooked teeth require treatment." Where it is a gap, "a person with gapped teeth may benefit from treatment if it prevents damage or improves a person's self-esteem" — and the Department lists self-confidence among the clinical reasons rather than dismissing it.

Sources: Better Health Channel (Victorian Department of Health), Orthodontic treatment, betterhealth.vic.gov.au (reviewed 15 December 2025); Teeth - gapped teeth, betterhealth.vic.gov.au (reviewed 1 July 2025); Orthodontics Australia (Australian Society of Orthodontists), When to see an Orthodontist, orthodonticsaustralia.org.au . All accessed 6 November 2026.

Gums first, for an adult especially

The gum question matters more for an adult than for a teenager, because gum disease is cumulative and because an appliance makes the cleaning harder at exactly the point where it is already hardest.

How common it is. The Victorian Department of Health: "Gum disease affects most people at some stage in their life."

What it does to the structure that holds teeth. "The job of the gum is to provide a protective covering for the bone that holds your teeth in place." When the seal fails, "spaces can form between the tooth root and the gum. These spaces are called 'periodontal pockets'", and "over time, bone is damaged and lost, and larger spaces or pockets begin to form between the tooth and the gum". Left untreated, "the structures that hold the tooth firmly into the gum can become so damaged that teeth become loose and painful and may need to be removed."

Why that intersects with aligners. The Department's orthodontic risk list is explicit that appliances make hygiene harder: "Braces, aligners and retainers make cleaning the teeth more difficult. This increases the chance of gum disease, tooth decay, and stains." For someone whose gums are already compromised, that is a factor in the plan rather than a footnote — and it is why the examination covers more than tooth position.

The signs an adult should report. Beyond bleeding: "receding gums (the gum line shrinks away from the tooth making teeth look longer)"; "bad breath"; "a bad taste in the mouth"; "tenderness when biting"; "loose teeth, or teeth that have moved".

Teeth that have moved on their own is on that list, and it is sometimes the reason an adult starts looking into aligners in the first place. Worth knowing that it can be a sign of something other than drift.

The timeframe to bring with you. "Do not stop brushing if your gums are red, bleeding or puffy." And: "If your gums do not improve or if they keep bleeding after four weeks, see your oral health professional."

What treatment can still achieve. "Early treatment of periodontitis can save affected teeth." A practitioner "can also professionally remove plaque and hardened plaque (calculus)", which "helps the gums to attach back to the tooth".

The daily standard once treatment starts. "It is important that teeth are cleaned thoroughly at least two times a day, ideally after every meal", with fluoride toothpaste, and "limit snacking and sugar-sweetened food and drinks during orthodontic treatment". The Department recommends interdental brushes during treatment specifically: they "fit into small spaces around brackets, wires and between teeth", and for gum health it asks for cleaning between teeth daily.

And the part that continues indefinitely. "Relapse - Teeth can move once braces are taken off. Retainers should be worn to prevent this from happening." Retainers appear in the hygiene risk sentence too, so the standard does not drop when the aligners stop.

On cost, the published position is case-by-case: "Costs vary depending on the type of problem and the amount of treatment needed. Ask your dental practitioner for advice." And before agreeing to anything: "Once you are happy with the care plan, treatment can begin. If you are not happy with the care plan or do not understand it, it is important to let your dental practitioner know."

Sources: Better Health Channel (Victorian Department of Health), Gum disease, betterhealth.vic.gov.au (reviewed 1 August 2025); Orthodontic treatment, betterhealth.vic.gov.au (reviewed 15 December 2025). Both accessed 6 November 2026.

Frequently asked questions

Can I have Invisalign at Core Dental Wyndham?

Yes. Our Wyndham practice offers Invisalign treatment for adults and teenagers, including more than one type of treatment to suit different levels of complexity. A consultation lets our team check whether clear aligners are suitable for you and explain your options.

How long is each Invisalign aligner worn?

In general, each set of aligners is worn every day for about two weeks before you move to the next set in your plan. Your dentist will confirm the schedule for your treatment, because it can vary with your teeth and how they respond.

Does Invisalign guarantee a result?

No. Invisalign provider status does not guarantee an individual result. Treatment planning depends on a clinical assessment, and outcomes, treatment time and risks vary for each person. Your dentist will discuss what to expect before you start.

What technology do you use to plan Invisalign at Wyndham?

We use an iTero intraoral scanner for digital impressions and ClinCheck software to show how your teeth are planned to move. This allows you to see a preview of the planned outcome before treatment begins, though real movement can differ from the plan.

How much does Invisalign cost?

Cost depends on the type of treatment and the complexity of your case, so it is confirmed in a written treatment plan. We offer interest-free payment plans, and our Invisalign fees page has more information. Please confirm current fees with our team before you proceed.

Is there an age limit for aligner treatment?

No. The Victorian Department of Health: "Adults of any age can have orthodontic treatment, if required."

What is different about treating an adult?

Mainly that jaw-based options have closed. Palatal expanders "can widen the upper jaw" and functional appliances are "used to correct bite problems", but both "are used in children when their jaw bones are still growing", and Orthodontics Australia notes that jawbones "do not harden until children reach their late teens". For an adult, a jaw problem may instead involve surgery, which the Department says "can also be used to correct some jaw problems".

Are there non-cosmetic reasons for an adult to straighten teeth?

Several on the Department's list, including difficulty keeping teeth clean, the increased risk of "tooth decay and gum disease" that follows, gum injury where a tooth "may dig into the gum and cause pain or damage", and "wear and tear", where worn areas "can be difficult to repair, as fillings are more likely to break or wear down as well".

Why do my gums matter so much here?

Because appliances make cleaning harder. "Braces, aligners and retainers make cleaning the teeth more difficult. This increases the chance of gum disease, tooth decay, and stains." The Department also notes that "gum disease affects most people at some stage in their life".

My teeth have moved on their own — is that just drift?

Not necessarily. "Loose teeth, or teeth that have moved" is on the Department's list of signs of advanced gum disease, alongside "receding gums (the gum line shrinks away from the tooth making teeth look longer)", bad breath, "a bad taste in the mouth" and "tenderness when biting".

What are periodontal pockets?

Spaces that form when the gum's seal around a tooth fails. "Over time, bone is damaged and lost, and larger spaces or pockets begin to form between the tooth and the gum." Left untreated, "the structures that hold the tooth firmly into the gum can become so damaged that teeth become loose and painful and may need to be removed".

Is it too late if my gums are already affected?

Not necessarily: "Early treatment of periodontitis can save affected teeth." A practitioner "can also professionally remove plaque and hardened plaque (calculus)", which "helps the gums to attach back to the tooth".

How long should I give bleeding gums before getting them checked?

Four weeks of good brushing with a soft brush. "If your gums do not improve or if they keep bleeding after four weeks, see your oral health professional." And "do not stop brushing if your gums are red, bleeding or puffy".

How much cleaning does aligner treatment need?

"Cleaned thoroughly at least two times a day, ideally after every meal", with fluoride toothpaste. The Department recommends interdental brushes during treatment, which "fit into small spaces around brackets, wires and between teeth", and asks for cleaning between teeth daily for gum health.

Will I need a retainer afterwards?

Yes. "Teeth can move once braces are taken off. Retainers should be worn to prevent this from happening." Retainers are named in the hygiene risk sentence too, so the cleaning standard continues with them.

Do I definitely need treatment?

Possibly not. "Not many people have perfectly straight teeth. Not all crooked teeth require treatment." Where it is a gap, treatment may help "if it prevents damage or improves a person's self-esteem".

What should I be given before deciding?

A plan you understand. "Once you are happy with the care plan, treatment can begin. If you are not happy with the care plan or do not understand it, it is important to let your dental practitioner know." On cost: "Costs vary depending on the type of problem and the amount of treatment needed."

Related services and further reading

Invisalign treatment

Types of Invisalign

Invisalign fees

Invisalign frequently asked questions

Core Dental Wyndham

Wyndham Invisalign Open Day

The benefits of Invisalign

Can you eat and drink normally with Invisalign?

What is the Invisalign process?

How can we help?

If you would like to talk about straightening your teeth, our Wyndham team can help. Call (03) 9749 6677 or 13 13 16, or book online. You can also read about orthodontics at Core Dental or visit our Invisalign open days page.

Core Dental at a glance

Nine Core Dental clinics across Melbourne: Southbank, South Melbourne, Caroline Springs, Carrum Downs, Epping, Wyndham, Berwick, Bayside and Glenferrie.

Open six days a week: Monday to Friday 8.00am to 6.00pm and Saturday mornings.

Interest-free payment plans and HICAPS on-site claiming.

Invisalign Blue Diamond provider (as stated on coredental.com.au).

Contact Core Dental

Phone	13 13 16 (Core Dental Wyndham: (03) 9749 6677)
Booking	Online via coredental.com.au, or call 13 13 16
Hours	Monday to Friday 8.00am to 6.00pm, Saturday 8.00am to 1.30pm, Sunday closed
Wyndham	242 Hoppers Lane, Werribee VIC 3030

Results, recovery times and potential risks vary for each individual. This information is general in nature and is intended for people over 18. Seek advice from a qualified, AHPRA-registered practitioner before proceeding.

Where is Core Dental Wyndham located?

Core Dental Wyndham is at 242 Hoppers Lane, Werribee VIC 3030, inside Wyndham Private Medical Centre. On-site parking is available. You can call the practice on (03) 9749 6677 or email wyndham@coredental.com.au.

What are the opening hours at Core Dental Wyndham?

Core Dental Wyndham is open Monday to Friday 8.00am to 6.00pm and Saturday 8.00am to 1.30pm. We are closed on Sunday. Call (03) 9749 6677 or 13 13 16 to arrange an appointment.

Does Core Dental Wyndham treat teenagers with clear aligners?

Yes. Core Dental Wyndham offers Invisalign Teen as one of several Invisalign treatment types. Suitability depends on an individual assessment, so our team examines the teeth and bite first and explains the options before any plan is agreed.

What does Invisalign Blue Diamond status mean for Core Dental patients?

Core Dental is recognised as an Invisalign Blue Diamond provider, as stated on coredental.com.au. The status does not guarantee a result for any individual, and our dentists still base every treatment plan on a clinical assessment.

How are teeth scanned for aligners at Core Dental Wyndham?

Our Wyndham practice uses an iTero intraoral scanner to take digital impressions of the teeth, and ClinCheck software to show how the teeth are planned to move. Actual movement can differ from the plan, and results vary.

How often do Invisalign aligners get replaced?

In general, each Invisalign aligner set is worn every day for about two weeks before the next set in the plan is used. The Core Dental dentist treating you confirms the exact schedule for your treatment.

How do I book an Invisalign consultation at Core Dental Wyndham?

Call Core Dental Wyndham on (03) 9749 6677, call 13 13 16, or book online through coredental.com.au. Bring your medical information and a list of current medicines so our team can assess your teeth, gums and bite.

Can I pay for Invisalign in instalments at Core Dental?

Core Dental offers interest-free payment plans, and our team can explain current terms and fees in a written treatment plan. Figures can change, so please confirm the current price and plan eligibility with the practice before you proceed.